

Relationships

Interacting with others can be on a variety of levels including social, professional, intimate or others. An individual's ability to influence others, to contribute to the meeting of self needs as well as the needs of others and to form individual identity as a result requires active management. The ability to effectively manage the “connectedness” between self and others allows individuals to be more productive to their own internal growth and development as well as to positively contribute to the growth and development of others.